

SIDS Awareness

for

Child Care Providers, Trainers and Parents

Although Sudden Infant Death Syndrome (SIDS) has decreased in frequency, it is still a leading cause of infant deaths in the United States. Based on new research findings, the American Academy of Pediatrics has revised their recommendations for reducing the risk of SIDS.

[Updated Policy Statement from the American Academy of Pediatrics 10/10/2005](#)

What is North Carolina doing to protect infants in child care?

The links below tell you about North Carolina's steps:

- [NC Prevent SIDS Law and Rules](#) Requires that babies in child care settings be put on their backs to sleep.



- [ITS-SIDS project in NC](#) Partnership between the Division of Child Development and the North Carolina Healthy Start Foundation developed ITS-SIDS training for child care providers working with infants.
- [Who provides ITS-SIDS training?](#) This training is required in NC Child Care Rules and must be provided by approved ITS-SIDS trainers. Click [here](#) to learn more.



The North Carolina Healthy Start Foundation maintains a website with information and resources on SIDS:

Resources for Child Care Providers

- [When SIDS happens](#)
- [Child care provider Questions & Answers](#)

Resources for Trainers

- [North Carolina Back to Sleep Campaign](#)
- [SIDS in Child Care](#)

Resources for Parents

- [Helping Your Baby Sleep Safely](#)
- [Before Going to Child Care](#)